



GENERAL MILLS

## Formulation Statement for Documenting Grains in Child Nutrition Programs

(Crediting Standards Based on Grams of Creditable Grains (ounce equivalent))

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: Gold Medal™ Wheat-a-Laxa™ Whole Wheat Flour Coarse Ground Untreated 50 lb Code No.: 16000-53211

Manufacturer: General Mills, Inc. Serving Size ¼ cup (30g)  
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No     

II. Does the product contain non- creditable grains: Yes      No X How many grams:

(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grains per oz eq or volume.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: N/A

| DESCRIPTION OF CREDITABLE<br>GRAIN INGREDIENT* | GRAMS OF<br>CREDITABLE GRAIN<br>INGREDIENT PER<br>PORTION <sup>1</sup> | GRAM STANDARD OF<br>CREDITABLE GRAINS<br>PER OZ EQ<br>(16g or 28g) <sup>2</sup> | CREDITABLE<br>AMOUNT |
|------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------|
|                                                | A                                                                      | B                                                                               | A ÷ B                |
| Whole Wheat Flour                              | 30g                                                                    | 16g                                                                             | 30g ÷ 16g = 1.87     |
|                                                |                                                                        |                                                                                 |                      |
| Total                                          |                                                                        |                                                                                 | 1.87                 |
| Total Creditable Amount <sup>3</sup>           |                                                                        |                                                                                 | 1.75                 |

\*Creditable grains vary by Program. See the FBG for specific Program requirements.

<sup>1</sup>(Serving size) X (% of creditable grains in formula); serving sizes other than grams must be converted to grams.

<sup>2</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>3</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 30g

Total contribution of product (per portion) 1.75 oz equivalent

I certify that the above information is true and correct and that a ¼ cup portion of this product (ready for serving) provides 1.75 oz eq grains. I further certify that non-creditable grains **are not** above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

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